



Triennial Wellness Assessment Results 2023

Our district takes pride in supporting the needs of a growing child as a whole, to ensure that all children are safe, supported, engaged, and challenged each day as they walk into our building.

Research indicates schools that focus and support a child's overall wellness, such as healthy eating, daily exercise, and mental health well-being, have been found to be successful in improving student success and academic achievement. To best serve our students, we have assessed our wellness policy as part of the USDA requirements. Below are the results of our assessment.

Click here for: [School Wellness Policy Assessment Survey Results](#)

Click here for: [Wellness Progress Results](#)

Wellness Policy Goals

- The district will provide students with physical, nutritional, and mental well-being education or a wellness education platform by using an age-appropriate, sequential wellness education curriculum consistent with national and state standards for wellness education.
- The district will link with school meal programs, cafeteria nutrition promotion activities, school gardens, Farm to School programs, Fresh Fruit and Vegetable programs, and other school foods nutrition-related community services as available .
- The district will provide consistent nutrition messages throughout schools, classrooms, and the cafeteria.
- The district will integrate wellness activities, opportunities, and communication across the entire school setting, including students, staff, parents, and the community.

If you have any questions, please contact one of our Wellness Team Members:

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[For more information, visit our school website. Link here.](#)

**Respectfully, Bayard Public Schools Wellness Team
Every Person, Every Day. It's a FACT!**